

	Unit	calories	IRISH SODA BREAD		ENGLISH MUFFIN BREAD		WHOLE WHEAT BREAD		HONEY WHOLE WHEAT BREAD		ITALIAN HERB BREAD		CINNAMON RAISIN BREAD		POTATO ROLLS		ONION SOUP BREAD		BANANA NUT BREAD		WALNUT DATE BREAD		TORTILLAS	
			Amount	Subtotal	Amount	Subtotal	Amount	Subtotal	Amount	Subtotal	Amount	Subtotal	Amount	Subtotal	Amount	Subtotal	Amount	Subtotal	Amount	Subtotal	Amount	Subtotal	Amount	Subtotal
flour, white	cup	400	3	1200.00	3	1200.00	1.5	600.00	1.5	600.00	2.25	900.00	2.25	900.00	3	1200.00	3	1200.00	3	1200.00	3	1200.00	2	800.00
flour, wheat	cup	390					1.5	585.00	1.5	585.00														
gluten	tsp	10					3	30.00	3	30.00														
sugar, white	tsp	16.125									1	16.13			1	16.13								
sugar, white	tbl	48.375			0.5	24.19											2	96.75						
sugar, white	1/4 C	193.5	1	193.50																				
sugar, brown	tsp	17.2708					24	414.50	6	103.63		2	34.54					6	103.63		6	103.63		
honey	tsp	21.4583							6	128.75														
salt	tsp	0	1	0.00	1	0.00	1	0.00	1.25	0.00	1	0.00	1	0.00	0.75	0.00		1	0.00	1	0.00	1	0.00	
baking soda	tsp	0	1	0.00	0.125	0.00																		
baking powder	tsp	0	1	0.00																			1	0.00
raisins	cup	493	1	493.00								0.333	164.17											
dates	cup	493																			0.75	369.75		
caraway seeds	tbl	22	1	22.00																				
egg	each	90	1	90.00											1	90.00								
milk, liquid	cup	86	1	86.00	1	86								0.66	56.76									
milk, dry	tbl	5			1	5.00														3	15.00			
butter	stick	810	0.5	405.00																				
water	cup	0			0.25	0.00	1.041667	0.00	1.041667	0.00	0.78	0.00	0.75	0.00	0.5	0.00	1.041667	0.00	0.5	0.00	0.5	0.00	0.5	0.00
cinnamon	tbl	18										0.333	5.994											
potato flakes	cup	320												0.5	160									
yeast	tsp	0			2.25	0	2.25	0.00	2.25	0.00	2.25	0	2.25	0	2.25	0	2.25	0.00	2	0.00	2	0.00	2	0.00
oil	tbl	120					3	360.00	3	360.00	1.33	159.6	1.33	159.6	2	240		1.33	159.60	1.33	159.60	2	240.00	
soup mix	packet																1	0						
banana	each	110																	2	220.00				
nuts, walnut	cup	760																0.5	380		0.75	570		
LOAF / BATCH TOTAL				2489.50		1315.19		1989.50		1807.38		1075.73		1264.30		1762.89		1536.75		2078.23		2402.98		1040.00
Slices / count (machine)				14		12		12		12		8		12		18		12		12		12		8
Slice / item average (machine)				177.82		109.60		165.79		150.61		134.47		105.36		97.94		128.06		173.19		200.25		130.00
Slices / count (machine)								18		18												18		18
Slice / item average (4x4x9 pan)								110.53		100.41												133.50		57.78